

ACTIVITY - Archery

HAZARDS

XDanger of non-archer being injured due to being hit by an arrow

XAn archer shot by another archer

XInjury to staff moving heavy archery targets

XArrows rebounding

XInjury to forearm due to bowstring striking arm

XFiring arrows unsupervised

XInjury extracting arrow

XWalkers using the forest behind the archery range

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES



Participants made aware of the risks associated with the activity and group briefing to emphasise safety, especially arrows only pointing at the targets

All sessions to be run in accordance with GNAS guidelines and with special consideration to safety zones and correct operational procedures.

Bow weight and size suitable for the user.

Ensure that long sleeved tops are worn, check position of arm, use arm guards where appropriate, be particularly aware with adult women

All moving of equipment to take regard of weight and the use of correct lifting techniques

Boss/target the right way up

Appropriate clothing to be worn i.e. long sleeves, forearm guards

⇒ 2 people to move the boss/target

When targets closer brief danger of arrows rebounding

Never leave arrows with bows

Staff to follow best practice and brief any visiting staff who assist

Briefing rules, address to vigilance of others in the area

Make sure everyone is clear on the 'stop' command

EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

XOn going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area).



With accordance with risk assessments No 1, 2, 3 & 4.

XBriefing to ensure that any medication should be taken to the activity site.



HAZARDS

XInjury whilst collecting fire wood

XBurns/scalds

XCuts/ impaling on sharp object

XFalls

XFood poisoning

LAST UPDATED: February each year or in response to an incident **CONTROL MEASURES**

Designated area for collection of dead wood only.

Size of wood collected.

Fire lighting in controlled area and under supervision of instructor. Hair tied back and due regard given to wind direction

Pre briefing on safety rules.

Explain clearly the use of knifes and cooking equipment.

Use of correct Personal Protection Equipment.

Briefed on areas and group control.

Make sure all fish/meat is properly cooked.

Hand washing and personal hygiene.

Work surface for food prep.

Close supervision on knife work



PEATRIGG ACTIVITY – Bush craft

LAST UPDATED: February each year or in response to an incident



On going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participents, weather conditions on the day and other organisations operating within the local area (e.g. felling of trees by the Forestry Commission).

XBriefing to ensure that any medication should be taken to the activity site.

With accordance with risk assessments No 1, 2, 3 & 4.



ACTIVITY - Cooking

HAZARDS

XSlips, trips and falls

XFood contaminated from clothing

XFood contaminated by hands, nail polish, rings or hair

XFood contaminated by cuts, sores, boils or dressings

XFood contaminated by bacteria spread by illness

XFood contaminated by bacteria from equipment and/or surfaces

XFood contamination by incorrect storage

XFood contamination through soil or other growing medium

XFood contaminated by waste products

Reactions to food – allergies or intolerances

XDangers from heat, fire or electrical hazards

XBurns

XCuts from knives and other equipment (graters, peelers etc)

Choking on small pieces of food or particle inhalation

XManual handling

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES

Verbal warning, adequate supervision and check footwear suitable. Floor to be clean, dry and clear

Aprons to be worn, sleeves rolled up and any loose outside tops removed

Hands washed thoroughly prior to handling food or if touch anything or part of body subsequently. Hair tied Back. Vinyl or latex gloves worn if nails are polished. Rings removed

Blue plasters worn if cover area otherwise wear vinyl or latex gloves

Participants feeling sick or unwell not to take part

Surfaces wiped and/or covered with plastic sheet. Equipment thoroughly washed and dried. No extra clothing or gear brought into kitchen area. Raw and cooked foods kept separate

Check refrigeration temperature correct. Check use by dates. Keep food covered

Not to wear cooking aprons when picking produce. Soil etc removed by washing prior to food prep. Hands washed thoroughly after picking or washing produce

Dispose of any waste promptly and clean up any mess

Any allergies or intolerances known and know guidelines about allergic reactions and what to do

Oven to only be operated by Peat Rigg staff, verbal warning given about dangers. Mincer only operated by Peat Rigg staff. Demonstration and adequate supervision of food processor, microwave and blender

Peat Rigg staff only to use ovens and carry hot items. Pan handles turned in but not over hob. Tap water not too hot and staff only to carry boiling water

Demonstration and supervision of knife use. Appropriate type of knife used, stored safely when not in use

Tasting done calmly and under supervision

Ingredients in suitable amounts to work with. Work benches and sinks at a suitable height

On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants





ACTIVITY – Crate Stack

HAZARDS

XInjury due to falling.

XCrates falling into people.

Clients moving to less safe areas.

XPerson passing crates increased risk of being hit by crates.

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES



A clear briefing of the safety and belaying role, ensure that ropes are kept tight and that groups are not allowed to 'run in' when lowering the climbers

Safe areas clearly defined and well policed by all Staff

Helmets to be worn throughout the session.

Staff to supervise and inspect the putting on of all safety equipment.

Assess the ability of the group and especially with younger children, only allow them to assist with the crate passing when the stack is 5 crates high.

Ensure any late arriving participants or passing observers are told to remain in a safe area.

SITE SPECIFIC



ACTIVITY – Crate Stack

LAST UPDATED: February each year or in response to an incident



With accordance with risk assessments No 1, 2, 3 & 4.



ACTIVITY – Farming

HAZARDS

XSlips, trips and falls on uneven or wet ground

XBites and stings from wasps, bees and other insects

XFarm machinery, both stationary and working

XAnimals in fields

XHoles in the ground

XGetting lost/separated from group and/or straying into prohibited areas

Exposure to weather (cold, wet, heat etc)

XClimbing on objects

Contact/working with animals, risk spreading infection, physical harm etc

Animals in pens, risk of biting, kicking, crushing etc

LAST UPDATED: February each year or in response to an incident CONTROL MEASURES

Verbal warning, adequate supervision and check footwear suitable

Verbal warning not to provoke etc

All parked vehicles locked with keys removed and implements lowered to the ground. Group supervised when in vicinity of working machinery.

Close all gates. Avoid field with any animals that pose a threat

Verbal warning to watch out for them

Instruct to stay together and not go into unauthorised areas, adequate supervision by staff

Check wearing suitable clothing/protection

Supervise group accordingly and/or instruct not to climb on objects

Avoid hand to mouth transmission, tell not to eat animal food. Approach and handle animals quietly and carefully. Wash hands after

Provide appropriate supervision. Avoid pens with unsuitable animals. All animals should be



PEATRIGG ACTIVITY – Farming

- XInfections and illness (including E.coli 0157)
- XTransmission of zoonosis into Peat Rigg Farm
- Site traffic
- XWorking with tools
- Wild animals
- XDirty and dangerous surfaces, risk spreading infection and physical harm
- XAllergies to fur, straw, plants, dust, feathers, nuts etc
- Compost contains micro organisms
- XPlants picking, handling and eating fruit and vegetables etc
- Chemicals
- Manual handling lifting, digging etc
- XPlant support eye injury risk
- XWater butts

LAST UPDATED: February each year or in response to an incident

properly controlled and housed

- Verbal warning. No kissing animals. Avoid transmission from hand to mouth, provide hand washing facilities with soap and warm water, ensure everyone washes hands thoroughly especially before eating and after contact with animals or soil. Change footwear if possible. Pregnant women should avoid contact with lambing ewes. Provide designated eating area away from animals. Cover cuts and abrasions and ensure use gloves when gardening
- Ensure footwear clean
- Adequate supervision in areas where vehicles possible
- Equipment should not be touched unless authorised by Peat Rigg staff and then only following their instruction. Do not over exert, make sure carried and stored correctly
- >Verbal warning
- Wash hands after touching surfaces. Do not touch dangerous surfaces e.g. barb wire
- Be aware and know about guidelines about allergic reactions and what to do
- Wear gloves and wash hands after using compost. Wash hands after composting
- Wear gloves when plants known to have thorns or may be an irritant. Only eat identified plants And if instructed to do so
- Only used by Peat Rigg staff and not to be used when group present. Store safely
- Do not over exert, adequate supervision
- Verbal warning
- Groups not to use water butts, warning signs in place

SITE SPECIFIC

- XFeed storage area
- XElectric fences, round pig area, round chicken run etc
- XTool storage area
- Polytunnel, especially heat on hot days

- Make sure everything securely away, no trip hazards etc
- ₩arn not to touch
- Keep tidy with tools stored securely
- Reep well ventilated and do not spend too long inside if very hot





ACTIVITY – Jacobs Ladder

HAZARDS

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES

XInjury due to falling.

XFingers and hands being stood on

XItems dropped on client's head

X Clients being dropped by belayer

XSplinters from wood

XSwinging into ladder causing injury

Weather causes injury through high winds, lightening strike, heavy rain

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Safe areas clearly defined and well policed by all Staff.

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Emptying of pockets prior to session

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Briefing to include safe climbing practice



Helmets to be worn throughout the session.



Staff to supervise and inspect the putting on of all safety equipment.



Clear briefing given to people climbing; staff ensure safe practices.



Ensure any late arriving participants receive full safety brief.



Briefing and practice of belaying technique prior to activity



Supervision of lowering by staff member



Check weather prior to session, cancel session if deemed appropriate



Apparatus inspected before use for damage

SITE SPECIFIC







LAST UPDATED: February each year or in response to an incident



With accordance with risk assessments No 1, 2, 3 & 4.



ACTIVITY – Forest/Hill/Moorland GPS

HAZARDS

XSlip or fall on uneven ground

Strain or injury due to over exertion

XGroup becoming lost

XCrags, outcrops and other drops

XInjury by farm or wild animals

Hypothermia

XSunburn

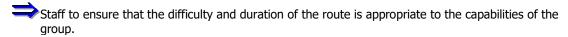
XInsect bites

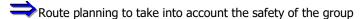
SITE SPECIFIC

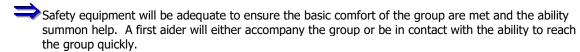


LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES







When operating independently the group will be thoroughly briefed about emergency procedures

Routes planned to avoid obvious danger points.

Locations checked to avoid sites with cows/bulls. Vigilance for adders especially on the moors in summer.

Safety equipment carried to take into consideration the weather conditions



PEATRIGG ACTIVITY – Forest/Hill/Moorland GPS

LAST UPDATED: February each year or in response to an incident

With accordance with general risk assessments No 1, 2, 3 & 4.



ACTIVITY - Low Ropes & Swing

HAZARDS

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES

Grazes and bruising from slip, trip or fall. Rope burn from falling through course

Muscular strain due to overexertion

XInjury due to hand or foot being caught in between wire

XInjury due to participants messing around

XIncreased risk of slipping, and other dangers in poor weather conditions

Thorough briefing to explain and show how to use the course safely in accordance with procedures. Staff to ensure that appropriate clothing is worn

Group encouraged to warm up and briefing to cover effective technique as per procedures

Staff to remain vigilant throughout the session and any dangers to be reported immediately to the Director.

Staff to intervene immediately if any inappropriate or dangerous behaviour is occurring.

If conditions become unsuitable the session should be abandoned

SITE SPECIFIC

XHigh winds coursing tree branches to fall onto low rope course below.

Monitoring of trees and removal of all dead branches.

EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

On going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area).

With accordance with risk assessments No 1, 2, 3 & 4.

Briefing to ensure that any medication should be taken to the activity site.







PEATRIGG ACTIVITY – Orienteering

HAZARDS

XInjury through fall or strain

Complications due to bad weather

XCuts or scratches from undergrowth

XStudents becoming lost

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES

All participants should be encouraged to warm up and told not to run on very uneven ground.

All participants briefed about the need for care of steep or uneven ground

Following heavy rain or if the ground has been saturated, a member of staff will inspect the steam course and especially the crossing points for flash flooding potential or actual danger.

Staff to ensure that all participants are appropriately clothed for the prevailing weather conditions and that their arms and legs are covered.

Briefing prior to the activity will cover what to do in the event of becoming lost.

Group to be thoroughly briefed about dangers and staff to remain in area highlighting potential danger spots throughout the activity.



ACTIVITY – Orienteering

LAST UPDATED: February each year or in response to an incident

SITE SPECIFIC

All Forest Enterprise Sites – Staff aware of current Forestry operations and vehicle use in area used.

Peat Rigg Grounds – animals on farm acting aggressive towards

initial briefings will highlight potential dangers and precautions necessary during the session.

Segregate animals in a no go field

EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

XOn going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area).

With accordance with risk assessments No 1, 2, 3 & 4.

XBriefing to ensure that any medication should be taken to the activity site.



ACTIVITY – Orienteering

LAST UPDATED: February each year or in response to an incident

DEATRICC	
OUTDOOR TRAINING CENTRE	

ACTIVITY - Problem Solving/Nightline

LAST UPDATED: February each year or in response to an incident

The instructor in charge must be aware of the safety implications of any plan and be prepared to step into activity should the group. XFalls from maximum of shoulder height. XSlips off wet equipment XBumping into trees or nightline course elements CONTROL MEASURES The instructor in charge must be aware of the safety implications of any plan and be prepared to step into activity should the group take a potentially dangerous decision. Staff will intervene when groups either don't know or forget how to use safety equipment. All knots should either be pre-tied or supervised during tying. Any activity which has potential for even a small fall should take place on a soft surface (grass) Helmets worn for nightline and problem solving activities where the participant is one metre or more above the groundf. Group closely supervised



ACTIVITY – Orienteering

On going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area). local area (e.g. Tree felling or game shooting within the local area).

With accordance with risk assessments No 1, 2, 3 & 4.

XBriefing to ensure that any medication should be taken to the activity site.

LAST UPDATED: February each year or in response to an incident





XFalling due to climbing.

XHolds breaking or falling

ACTIVITY – Tree Climbing

Damage to climber due to wearing inappropriate clothing or jewellery.

HAZARDS

LAST UPDATED: February each year or in response to an incident

CONTROL MEASURES

Safe areas clearly defined and well policed by all Staff.

Helmets to be worn throughout the session.

System set up by an SPA/RCI qualified or in-house trained member of staff

Staff to supervise and inspect the putting on of all safety equipment.

Clients checked for jewellery and advice given on clothing prior to activity.

NGB current best practice and company procedures apply.

Ensure any late arriving participants receive full safety brief.

Trees and anchors inspected regularly.

SITE SPECIFIC

XHigh winds coursing tree branches to fall onto low rope course below.



Monitoring of trees and removal of all dead branches.

EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

XOn going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area).



- With accordance with risk assessments No 1, 2, 3 & 4.
- XBriefing to ensure that any medication should be taken to the activity site.



ACTIVITY Low and High Zip

HAZARDS

XTrips, slips and falls in and around the zipline area.

XInjury/entrapment of client due to long hair, inappropriate clothing, wearing iewellery, etc.

XStructural or PPE failure

XParticipants or clients falling to the ground

XItems falling to the ground

XLightning strike

LAST UPDATED: February each year or in response to an incident **CONTROL MEASURES**



Staff to supervise and inspect the putting on of all safety equipment.

Clients checked for jewellery prior to activity. Loose hair and clothing to be tied back

Staff aware of others in area.

NGB current best practice and company procedures apply.

Ensure any late arriving participants receive full safety brief.

Pre-use operator checks of system and equipment prior to session, 3 monthly check of cables. Inspection by external high ropes safety contractor

All staff inducted, trained and assessed in the approved session procedure. Staff to use absorbica device to safely access platform for inspections

Helmets to be worn at all times during the activity. Staff briefing to include items in pocket and loose training shoes

Back-up safety rope and carabiner used to safeguard lowering.

Procedure to safeguard lowering off strictly observed.



ACTIVITY Low and High Zip

LAST UPDATED: February each year or in response to an incident

Session to be cancelled or curtailed if the senior member of staff on site judges that the top platform movement is causing difficulties in operating (guide level force 5 northerly). High ropes and zip not to be used if high risk of lightening. Ensure that participants have suitable clothing and sun cream if appropriate.



All rescues practiced on induction and in regular staff training



Students have observed and had explained the lowering off procedure before participating

SITE SPECIFIC





EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

On going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area).



- With accordance with risk assessments No 1, 2, 3 & 4.
- Briefing to ensure that any medication should be taken to the activity site.



ACTIVITY - The Wall

HAZARDS CONTROL MEASURES

Risk of wall climber falling onto back/neck

XChance of trapping fingers between wooden beams

XRisk of hitting head against wall due to running up

Risk of falling/slipping down stairs

XInjury to staff helping clients over the wall

XRisk of choking from helmet strap (been lifted by team members)

Chance of been hit by body parts as wall climber is helped up

Have spotters always for each climber, and tell climbers not to use layback moves

LAST UPDATED: February each year or in response to an incident

Mention to participants not to place fingers in gaps

During wall climb activity, people to stay within chipped area

Tell all users to use hand rails when descending the steps

Show the correct way to help and aid climbers up the wall

Tell users not to pull climbers up by the helmet

When introducing the wall, tell the group not to flail their feet around when ascending the wall

EVENT SPECIFIC AND ONGOING RISK ASSESSMENT

XStaff to look out for movement of wooden structure and gaps increasing in size

XTraction levels to be looked at on wooden platform and stairs

XSafe levels of chippings to be maintained

