

Risk Assessment

Activity - Abseiling

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<p>All climbing activity risks plus:</p> <ul style="list-style-type: none"> Abseil rope 'lark's footing' around top of Figure of Eight. Hair/fingers/clothing etc becoming jammed in Figure of Eight. 	<ul style="list-style-type: none"> Safe areas clearly defined and well policed by ALL Staff.
<ul style="list-style-type: none"> Participants moving out of safe area at top of abseil. 	<ul style="list-style-type: none"> Standard releasable abseil system used. System set up by minimum of SPA qualified staff. Staff to supervise and inspect the putting on of all safety equipment. Rope safeguarded from wear on rocks etc. Clients checked for jewellery prior to activity. No spare equipment in take-off area. Staff aware of others in area. NGB current best practice and company procedures apply. Ensure any late arriving participant receive full safety brief. Abseiler to move away from base of abseil once finished. Everybody must be in the 'cage' or on a cowstail.
Site Specific	
<ul style="list-style-type: none"> Kirkdale Viaduct – Top spikes must be protected. Kirkdale stream bed slippery went damp and prone to flash flooding. 	<ul style="list-style-type: none"> Clients should be supervised if near stream at the bottom but should not go into the stream at any time.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Initial briefings will highlight potential dangers and precautions necessary during the session.
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. other outdoor centres using the same river bank and water stretch). 	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	

Risk Assessment

Activity - Canoeing and Kayaking	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> • Drowning due to entanglement, pinning or difficulty exiting kayak/canoe. • Difficulties arising from temperature, i.e. asthma/exposure. 	<ul style="list-style-type: none"> • Staff holds relevant qualification for prevailing conditions and session will be run in accordance with BCU/UKCC guidelines. • All participants to wear appropriate personal safety equipment (including buoyancy aid) whilst taking part in the activity
<ul style="list-style-type: none"> • Injury through collision or accidentally hitting each other with paddles. • Strain or injury caused by carrying or unloading the boats. 	<ul style="list-style-type: none"> • Staff to check all safety equipment and to ensure correct clothing is being worn. • Initial briefings will highlight potential dangers and precautions necessary during the session.
<ul style="list-style-type: none"> • Danger or injury from glass etc when entering or exiting water. 	<ul style="list-style-type: none"> • All sites to be checked prior to the start of each session, especially when that site has not been used in some time.
<ul style="list-style-type: none"> • Leptospirosis, Hepatitis or other waterborne disease 	<ul style="list-style-type: none"> • All sites used to be known as clean water areas. All participants encouraged to cover all open wounds.
<ul style="list-style-type: none"> • Increased danger due to high level water 	<ul style="list-style-type: none"> • Staff to maintain tight group control on busy water ways. • On journeys special care to be given when rounding meanders and headlands. • Group set safe zones in which to paddle, one-way systems and group instructions. • Initial brief to cover basic skills and capsize procedure. • Spare clothing carried in cold weather or minibus close by.
Site Specific	
<ul style="list-style-type: none"> • <u>River Esk</u> - Scrapes whilst shooting weir. Danger associated with dead tree. Collision with other river users especially rowing boats. 	<ul style="list-style-type: none"> • Initial briefings will highlight potential dangers and precautions necessary during the session.
<ul style="list-style-type: none"> • <u>Whitby</u> - Dangers associated with poor water quality in upper Whitby Harbour. Collision danger with motorised vessels. Passing under Whitby Road Bridge with objects falling or being thrown. 	<ul style="list-style-type: none"> • Extra vigilance during out of school hours.
<ul style="list-style-type: none"> • <u>Sea Based Activities</u> - Dangers due to complications with poor weather conditions. Capsize in shallow water due to waves and injuries due to collision and big 'wipe outs' whilst surfing. Low early-season water temperatures 	<ul style="list-style-type: none"> • Forecast obtained special regard for the strength of offshore winds.
<ul style="list-style-type: none"> • <u>Larger Open Body of Water</u> – Wykeham Lake, Semmer Water, Derwent Water 	<ul style="list-style-type: none"> • Bailers to be carried on open boats. • Suitable areas of the lake to be used for instruction.
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. other outdoor centres using the same river bank and water stretch). 	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	
<ul style="list-style-type: none"> • Ask if all group members can swim. If not consider alternatives of rafting or putting non-swimmers in staff boat. 	

Risk Assessment

Activity - Caving	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> • Trips/Slips/Falls 	<ul style="list-style-type: none"> • Caves and passages used will be appropriate for the ability of the group and experience of the staff
<ul style="list-style-type: none"> • Strain or Injury due to over exertion. 	<ul style="list-style-type: none"> • The activities within the cave will be appropriate for the group.
<ul style="list-style-type: none"> • Complications due to cold, ie hypothermia and asthma. 	<ul style="list-style-type: none"> • The group will wear adequate clothing and emergency sack carried.
<ul style="list-style-type: none"> • Participant becoming wedged 	<ul style="list-style-type: none"> • NGB current best practice and company procedures followed at all times.
<ul style="list-style-type: none"> • Complications due to becoming lost. 	<ul style="list-style-type: none"> • Weather forecast monitored prior to entering the cave
<ul style="list-style-type: none"> • Complications/drowning due to rising water levels. 	<ul style="list-style-type: none"> • Gradually introduce level of challenge
<ul style="list-style-type: none"> • Student losing control 	
Site Specific	
<ul style="list-style-type: none"> • Kirkdale – Muddy slope and short climb on rock up to entrance of cave. 	<ul style="list-style-type: none"> • Cave appropriate for the level of the group and weather forecast obtained and taken into account. • Use of hand line and top rope to protect clients climbing up and down rock face. Gather group away from cave entrance.
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. work on road near the cave). 	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site 	

Risk Assessment

Activity – Mountain Biking

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> Falls due to hitting natural hazards e.g.: Ruts/roots/stones etc. 	<ul style="list-style-type: none"> Participants to be well briefed on potential hazards and initial training will cover skills for riding on rough terrain.
<ul style="list-style-type: none"> Falls due to incompetence or tomfoolery. 	<ul style="list-style-type: none"> Briefing to cover group spacing and instruction calling for single-track sections, staff to enforce this.
<ul style="list-style-type: none"> Falls due to collision with other bikes. 	<ul style="list-style-type: none"> All biking sessions to commence with training phase.
<ul style="list-style-type: none"> Risk of road accident. 	<ul style="list-style-type: none"> Leading Instructor to be familiar with the intended route and any sections which present dangers.
<ul style="list-style-type: none"> Strain or injury due to over exertion. 	<ul style="list-style-type: none"> Assessment of competence made by instructor.
<ul style="list-style-type: none"> Exhaustion. 	<ul style="list-style-type: none"> Staff to ensure participants ride on left and in single file on roads and major tracks.
<ul style="list-style-type: none"> Mechanical failure leading to injury. 	<ul style="list-style-type: none"> Group warm up whilst practising gears and brakes, routes not so start with big hill climbs.
<ul style="list-style-type: none"> Weather and surface conditions 	<ul style="list-style-type: none"> All routes appropriate for the entire group, back up plan to assist with any problems.
<ul style="list-style-type: none"> Heat exhaustion. 	<ul style="list-style-type: none"> Only well maintained and serviced bikes to be used.
<ul style="list-style-type: none"> Hypothermia 	<ul style="list-style-type: none"> Staff aware of others in area. (forest operations, shooting.)
	<ul style="list-style-type: none"> Peat Rigg mountain biking procedures apply.
	<ul style="list-style-type: none"> Take enough water.
	<ul style="list-style-type: none"> Correct PPE – Emergency shelter, spare tubes, puncture kit, chain splitter
	<ul style="list-style-type: none"> Ensure everyone is wearing a helmet
Site Specific	
<ul style="list-style-type: none"> Ongoing check for forestry operations. 	
<ul style="list-style-type: none"> Ongoing check for special events. 	
<ul style="list-style-type: none"> Possible risk of flooding at Sutherland ford. 	
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. felling of trees by the Forestry Commission). 	<ul style="list-style-type: none"> Instructors to check notice board in the office for upcoming special events.
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	

Risk Assessment

Activity – Forest / Hill / Moorland / GPS	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> Slip or fall on uneven ground. 	<ul style="list-style-type: none"> Staff to ensure that the difficulty and duration of the route is appropriate to the capabilities of the group.
<ul style="list-style-type: none"> Strain or injury due to over exertion. 	<ul style="list-style-type: none"> Route planning to take into account the safety of the group
<ul style="list-style-type: none"> Group becoming lost. 	<ul style="list-style-type: none"> Safety equipment will be adequate to ensure the basic comforts of the group are met and the ability to summon help. A first-aider will either accompany the group, or be in contact with the ability to reach the group quickly.
<ul style="list-style-type: none"> Crags, outcrops and other drops 	<ul style="list-style-type: none"> When operating independently the group will be thoroughly briefed about emergency procedures.
<ul style="list-style-type: none"> Injury by farm or wild animals 	<ul style="list-style-type: none"> Routes planned to avoid obvious danger points
<ul style="list-style-type: none"> Hypothermia 	<ul style="list-style-type: none"> Locations checked to avoid sites with cows/bulls. Vigilance for adders especially on the moors in summer.
<ul style="list-style-type: none"> Sunburn 	<ul style="list-style-type: none"> Completing a route card and leaving a copy at the centre
<ul style="list-style-type: none"> Insect bites 	<ul style="list-style-type: none"> Ensure spare clothes are taken
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Suntan lotion to be taken in hot weather
Site Specific	
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none">

Risk Assessment

Activity – River / Pond Crossing	
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Hazards	Control Measures
<ul style="list-style-type: none"> • Injury due to falling 	<ul style="list-style-type: none"> • Staff to check all knots, helmets and harnesses, even when it is a group-led activity.
<ul style="list-style-type: none"> • Rope burn and trapped fingers. 	<ul style="list-style-type: none"> • Gloves to be issued if appropriate when pulley system is used.
<ul style="list-style-type: none"> • Falling from tripod whilst getting on or off equipment 	<ul style="list-style-type: none"> • Spotting of clients whilst not connected to safety equipment.
<ul style="list-style-type: none"> • Waterborne diseases 	<ul style="list-style-type: none"> • Cover open cuts, wash hands thoroughly after advise not to ingest water
Site Specific	
<ul style="list-style-type: none"> • All sites – Staff to be aware of environmental impact especially regarding ring barking trees. 	<ul style="list-style-type: none"> • Staff advise areas to be used and suitable trees
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • On going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. other outdoor centres using the same river bank and water stretch). 	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	

Risk Assessment

Activity - Archery

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> Danger of non-archer being injured due to being hit by an arrow 	<ul style="list-style-type: none"> Site checked prior to session, staff to remain at the front of the activity site and prevent others entering the area
<ul style="list-style-type: none"> An archer shot by another archer 	<ul style="list-style-type: none"> Participants made aware of the risks associated with the activity and group briefing to emphasise safety, especially arrows only pointing at the targets
<ul style="list-style-type: none"> Injury to staff moving heavy archery targets 	<ul style="list-style-type: none"> All sessions to be run in accordance with GNAS guidelines and with special consideration to safety zones and correct operational procedures.
<ul style="list-style-type: none"> Arrows rebounding 	<ul style="list-style-type: none"> Bow weight and size suitable for the user.
<ul style="list-style-type: none"> Injury to forearm due to bowstring striking arm 	<ul style="list-style-type: none"> Ensure that long sleeved tops are worn, check position of arm, use arm guards where appropriate, be particularly aware with adult women
<ul style="list-style-type: none"> Firing arrows unsupervised 	<ul style="list-style-type: none"> All moving of equipment to take regard of weight and the use of correct lifting techniques
<ul style="list-style-type: none"> Injury extracting arrow 	<ul style="list-style-type: none"> Boss/target the right way up
<ul style="list-style-type: none"> Walkers using the forest behind the archery range 	<ul style="list-style-type: none"> Appropriate clothing to be worn i.e. long sleeves, forearm guards
	<ul style="list-style-type: none"> 2 people to move the boss/target
	<ul style="list-style-type: none"> When targets closer brief danger of arrows rebounding
	<ul style="list-style-type: none"> Never leave arrows with bows
	<ul style="list-style-type: none"> Staff to follow best practice and brief any visiting staff who assist
	<ul style="list-style-type: none"> Briefing rules, address to vigilance of others in the area
	<ul style="list-style-type: none"> Make sure everyone is clear on the 'stop' command
Site Specific	
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	

Risk Assessment

Activity – Bushcraft

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> • Injury whilst collecting fire-wood 	<ul style="list-style-type: none"> • Designated area for collection of dead wood only.
<ul style="list-style-type: none"> • Burns/scalds 	<ul style="list-style-type: none"> • Size of wood collected.
<ul style="list-style-type: none"> • Cuts/ impaling on sharp object 	<ul style="list-style-type: none"> • Fire lighting in controlled area and under supervision of instructor. Hair tied back and due regard given to wind direction
<ul style="list-style-type: none"> • Falls 	<ul style="list-style-type: none"> • Pre briefing on safety rules.
<ul style="list-style-type: none"> • Food poisoning 	<ul style="list-style-type: none"> • Explain clearly the use of knives and cooking equipment.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Use of correct Personal Protection Equipment.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Briefed on areas and group control.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Make sure all fish/meat is properly cooked.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Hand washing and personal hygiene.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Work surface for food prep.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Close supervision on knife work
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •

Risk Assessment

Activity - Cooking

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> Slips, trips and falls 	<ul style="list-style-type: none"> Verbal warning, adequate supervision and check footwear suitable. Floor to be clean, dry and clear
<ul style="list-style-type: none"> Food contaminated from clothing 	<ul style="list-style-type: none"> Aprons to be worn, sleeves rolled up and any loose outside tops removed
<ul style="list-style-type: none"> Food contaminated by hands, nail polish, rings or hair 	<ul style="list-style-type: none"> Hands washed thoroughly prior to handling food or if touch anything or part of body subsequently. Hair tied
<ul style="list-style-type: none"> Food contaminated by cuts, sores, boils or dressings 	<ul style="list-style-type: none"> Back. Vinyl or latex gloves worn if nails are polished. Rings removed
<ul style="list-style-type: none"> Food contaminated by bacteria spread by illness 	<ul style="list-style-type: none"> Blue plasters worn if cover area otherwise wear vinyl or latex gloves
<ul style="list-style-type: none"> Food contaminated by bacteria from equipment and/or surfaces 	<ul style="list-style-type: none"> Participants feeling sick or unwell not to take part
<ul style="list-style-type: none"> Food contamination by incorrect storage 	<ul style="list-style-type: none"> Surfaces wiped and/or covered with plastic sheet. Equipment thoroughly washed and dried. No extra clothing or gear brought into kitchen area. Raw and cooked foods kept separate
<ul style="list-style-type: none"> Food contamination through soil or other growing medium 	<ul style="list-style-type: none"> Check refrigeration temperature correct. Check use by dates. Keep food covered
<ul style="list-style-type: none"> Food contaminated by waste products 	<ul style="list-style-type: none"> Not to wear cooking aprons when picking produce. Soil etc removed by washing prior to food prep. Hands washed thoroughly after picking or washing produce
<ul style="list-style-type: none"> Reactions to food – allergies or intolerances 	<ul style="list-style-type: none"> Dispose of any waste promptly and clean up any mess
<ul style="list-style-type: none"> Dangers from heat, fire or electrical hazards 	<ul style="list-style-type: none"> Any allergies or intolerances known and know guidelines about allergic reactions and what to do
<ul style="list-style-type: none"> Burns 	<ul style="list-style-type: none"> Oven to only be operated by Peat Rigg staff, verbal warning given about dangers. Mincer only operated by Peat Rigg staff. Demonstration and adequate supervision of food processor, microwave and blender
<ul style="list-style-type: none"> Cuts from knives and other equipment (graters, peelers etc) 	<ul style="list-style-type: none"> Peat Rigg staff only to use ovens and carry hot items. Pan handles turned in but not over hob. Tap water not too hot and staff only to carry boiling water
<ul style="list-style-type: none"> Choking on small pieces of food or particle inhalation 	<ul style="list-style-type: none"> Demonstration and supervision of knife use. Appropriate type of knife used, stored safely when not in use
<ul style="list-style-type: none"> Manual handling 	<ul style="list-style-type: none"> Tasting done calmly and under supervision
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Ingredients in suitable amounts to work with. Work benches and sinks at a suitable height
Site Specific	
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants 	<ul style="list-style-type: none">

Risk Assessment

Activity – Crate Stacking

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> • Injury due to falling. • Crates falling into people. • Clients moving to less safe areas. • Person passing crates increased risk of being hit by crates. • Fingers trapped in pulleys. 	<ul style="list-style-type: none"> • Safe areas clearly defined and well policed by ALL Staff. • Helmets to be worn throughout the session. • Staff to supervise and inspect the putting on of all safety equipment. • Clear briefing given to people passing the crates; staff ensure safe practices. • Ensure any late arriving participants receive full safety brief.
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Farming

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> • Slips, trips and falls on uneven or wet ground 	<ul style="list-style-type: none"> • Verbal warning, adequate supervision and check footwear suitable
<ul style="list-style-type: none"> • Bites and stings from wasps, bees and other insects 	<ul style="list-style-type: none"> • Verbal warning not to provoke etc
<ul style="list-style-type: none"> • Farm machinery, both stationary and working 	<ul style="list-style-type: none"> • All parked vehicles locked with keys removed and implements lowered to the ground. Group supervised when in vicinity of working machinery
<ul style="list-style-type: none"> • Animals in fields 	<ul style="list-style-type: none"> • Close all gates. Avoid field with any animals that pose a threat
<ul style="list-style-type: none"> • Holes in the ground 	<ul style="list-style-type: none"> • Verbal warning to watch out for them
<ul style="list-style-type: none"> • Getting lost/separated from group and/or straying into prohibited areas 	<ul style="list-style-type: none"> • Instruct to stay together and not go into unauthorised areas, adequate supervision by staff
<ul style="list-style-type: none"> • Exposure to weather (cold, wet, heat etc) 	<ul style="list-style-type: none"> • Check wearing suitable clothing/protection
<ul style="list-style-type: none"> • Climbing on objects 	<ul style="list-style-type: none"> • Supervise group accordingly and/or instruct not to climb on objects
<ul style="list-style-type: none"> • Contact/working with animals, risk spreading infection, physical harm etc 	<ul style="list-style-type: none"> • Avoid hand to mouth transmission, tell not to eat animal food. Approach and handle animals quietly and carefully. Wash hands after
<ul style="list-style-type: none"> • Animals in pens, risk of biting, kicking, crushing etc 	<ul style="list-style-type: none"> • Provide appropriate supervision. Avoid pens with unsuitable animals. All animals should be properly controlled and housed
<ul style="list-style-type: none"> • Infections and illness (including E.coli 0157) 	<ul style="list-style-type: none"> • Verbal warning. No kissing animals. Avoid transmission from hand to mouth, provide hand washing facilities with soap and warm water, ensure everyone washes hands thoroughly especially before eating and after contact with animals or soil. Change footwear if possible. Pregnant women should avoid contact with lambing ewes. Provide designated eating area away from animals. Cover cuts and abrasions and ensure use gloves when gardening
<ul style="list-style-type: none"> • Transmission of zoonosis into Peat Rigg Farm 	<ul style="list-style-type: none"> • Ensure footwear clean
<ul style="list-style-type: none"> • Site traffic 	<ul style="list-style-type: none"> • Adequate supervision in areas where vehicles possible
<ul style="list-style-type: none"> • Working with tools 	<ul style="list-style-type: none"> • Equipment should not be touched unless authorised by Peat Rigg staff and then only following their instruction. Do not over exert, make sure carried and stored correctly
<ul style="list-style-type: none"> • Wild animals 	<ul style="list-style-type: none"> • Verbal warning
<ul style="list-style-type: none"> • Dirty and dangerous surfaces, risk spreading infection and physical harm 	<ul style="list-style-type: none"> • Wash hands after touching surfaces. Do not touch dangerous surfaces e.g. barb wire
<ul style="list-style-type: none"> • Allergies to fur, straw, plants, dust, feathers, nuts etc 	<ul style="list-style-type: none"> • Be aware and know about guidelines about allergic reactions and what to do
<ul style="list-style-type: none"> • Compost – contains micro-organisms 	<ul style="list-style-type: none"> • Wear gloves and wash hands after using compost.
<ul style="list-style-type: none"> • Plants – picking, handling and eating fruit and vegetables etc 	<ul style="list-style-type: none"> • Wear gloves when plants known to have thorns or may be an irritant. Only eat identified plants and if instructed to do so
<ul style="list-style-type: none"> • Chemicals 	<ul style="list-style-type: none"> • Chemicals only used by Peat Rigg staff and not to be used when group present. Store safely

Risk Assessment

<ul style="list-style-type: none"> • Manual handling – lifting, digging etc 	<ul style="list-style-type: none"> • Manual Handling: Do not over exert, adequate supervision
<ul style="list-style-type: none"> • Plant support - eye injury risk 	<ul style="list-style-type: none"> • Verbal warning
<ul style="list-style-type: none"> • Water butts 	<ul style="list-style-type: none"> • Groups not to use water butts, warning signs in place
Site Specific	
<ul style="list-style-type: none"> • Feed storage area 	<ul style="list-style-type: none"> • Warn not to touch
<ul style="list-style-type: none"> • Electric fences, round pig area, round chicken run etc 	<ul style="list-style-type: none"> • Keep tidy with tools stored securely
<ul style="list-style-type: none"> • Tool storage area 	<ul style="list-style-type: none"> • Keep well ventilated and do not spend too long inside if very hot
<ul style="list-style-type: none"> • Polytunnel, especially heat on hot days 	
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Jacobs Ladder

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> • Injury due to falling. 	<ul style="list-style-type: none"> • Safe areas clearly defined and well policed by ALL Staff.
<ul style="list-style-type: none"> • Fingers and hands being stood on 	<ul style="list-style-type: none"> • Emptying of pockets prior to session
<ul style="list-style-type: none"> • Items dropped on clients head 	<ul style="list-style-type: none"> • Briefing to include safe climbing practice
<ul style="list-style-type: none"> • Clients being dropped by belayer 	<ul style="list-style-type: none"> • Helmets to be worn throughout the session.
<ul style="list-style-type: none"> • Splinters from wood 	<ul style="list-style-type: none"> • Staff to supervise and inspect the putting on of all safety equipment.
<ul style="list-style-type: none"> • Swinging into ladder causing injury 	<ul style="list-style-type: none"> • Clear briefing given to people climbing; staff ensure safe practices.
<ul style="list-style-type: none"> • Weather causes injury through high winds, lightening strike, heavy rain 	<ul style="list-style-type: none"> • Ensure any late arriving participants receive full safety brief.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Briefing and practice of belaying technique prior to activity
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Supervision of lowering by staff member
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Check weather prior to session, cancel session if deemed appropriate
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Apparatus inspected before use for damage
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Forest / Hill / Moorland / GPS	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> • Slip or fall on uneven ground. 	<ul style="list-style-type: none"> • Staff to ensure that the difficulty and duration of the route is appropriate to the capabilities of the group.
<ul style="list-style-type: none"> • Strain or injury due to over exertion. 	<ul style="list-style-type: none"> • Route planning to take into account the safety of the group
<ul style="list-style-type: none"> • Group becoming lost. 	<ul style="list-style-type: none"> • Safety equipment will be adequate to ensure the basic comforts of the group are met and the ability to summon help. A first-aider will either accompany the group, or be in contact with the ability to reach the group quickly.
<ul style="list-style-type: none"> • Craggs, outcrops and other drops 	<ul style="list-style-type: none"> • When operating independently the group will be thoroughly briefed about emergency procedures.
<ul style="list-style-type: none"> • Injury by farm or wild animals 	<ul style="list-style-type: none"> • Routes planned to avoid obvious danger points
<ul style="list-style-type: none"> • Hypothermia 	<ul style="list-style-type: none"> • Locations checked to avoid sites with cows/bulls. Vigilance for adders especially on the moors in summer.
<ul style="list-style-type: none"> • Sunburn 	<ul style="list-style-type: none"> • Completing a route card and leaving a copy at the centre
<ul style="list-style-type: none"> • Insect bites 	<ul style="list-style-type: none"> • Ensure spare clothes are taken
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Suntan lotion to be taken in hot weather
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Low Ropes

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> Grazes and bruising from slip, trip or fall. Rope burn from falling through course 	<ul style="list-style-type: none"> Thorough briefing to explain and show how to use the course safely in accordance with procedures. Staff to ensure that appropriate clothing is worn
<ul style="list-style-type: none"> Muscular strain due to overexertion 	<ul style="list-style-type: none"> Group encouraged to warm up and briefing to cover effective technique as per procedures
<ul style="list-style-type: none"> Injury due to hand or foot being caught in between wire 	<ul style="list-style-type: none"> Staff to remain vigilant throughout the session and any dangers to be reported immediately to the Director.
<ul style="list-style-type: none"> Injury due to participants messing around 	<ul style="list-style-type: none"> Staff to intervene immediately if any inappropriate or dangerous behaviour is occurring.
<ul style="list-style-type: none"> Increased risk of slipping, and other dangers in poor weather conditions 	<ul style="list-style-type: none"> If conditions become unsuitable the session should be abandoned
Site Specific	
<ul style="list-style-type: none"> High winds causing tree branches to fall onto low rope course below. 	<ul style="list-style-type: none"> Monitoring of trees and removal of all dead branches.
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none">

Risk Assessment

Activity – Orienteering

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> • Injury through fall or strain 	<ul style="list-style-type: none"> • All participants should be encouraged to warm up and told not to run on very uneven ground.
<ul style="list-style-type: none"> • Complications due to bad weather 	<ul style="list-style-type: none"> • Following heavy rain or if the ground has been saturated, a member of staff will inspect the steam course and especially the crossing points for flash flooding potential or actual danger.
<ul style="list-style-type: none"> • Cuts or scratches from undergrowth 	<ul style="list-style-type: none"> • Staff to ensure that all participants are appropriately clothed for the prevailing weather conditions and that their arms and legs are covered.
<ul style="list-style-type: none"> • Students becoming lost 	<ul style="list-style-type: none"> • Briefing prior to the activity will cover what to do in the event of becoming lost and how to summon assistance.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Group to be thoroughly briefed about dangers and staff to remain in area highlighting potential danger spots throughout the activity.
Site Specific	
<ul style="list-style-type: none"> • All Forest Enterprise Sites – Staff aware of current Forestry operations and vehicle use in area used. 	<ul style="list-style-type: none"> • Initial briefings will highlight potential dangers and precautions necessary during the session.
<ul style="list-style-type: none"> • Peat Rigg Grounds – animals on farm acting aggressive towards clients 	<ul style="list-style-type: none"> • Segregate animals in a 'no go' field
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area). 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Problem Solving / Night Line	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> • A range of unpredictable minor injuries depending on the options of the group. 	<ul style="list-style-type: none"> • The instructor in charge must be aware of the safety implications of any plan and be prepared to step into activity should the group take a potentially dangerous decision.
<ul style="list-style-type: none"> • Falls from maximum of shoulder height. 	<ul style="list-style-type: none"> • Staff will intervene when groups either don't know or forget how to use safety equipment. All knots should either be pre-tied or supervised during tying.
<ul style="list-style-type: none"> • Slips off wet equipment 	<ul style="list-style-type: none"> • Any activity which has potential for even a small fall should take place on a soft surface (grass)
<ul style="list-style-type: none"> • Bumping into trees or nightline course elements 	<ul style="list-style-type: none"> • Helmets always worn. Group closely supervised
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •

Risk Assessment

Activity – Tree Climbing

LAST UPDATED: February each year or in response to an incident

Hazards	Control Measures
<ul style="list-style-type: none"> Falling due to climbing. 	<ul style="list-style-type: none"> Safe areas clearly defined and well policed by ALL Staff.
<ul style="list-style-type: none"> Damage to climber due to wearing inappropriate clothing or jewellery. 	<ul style="list-style-type: none"> Helmets to be worn throughout the session.
<ul style="list-style-type: none"> Holds breaking or falling 	<ul style="list-style-type: none"> System set up by an SPA qualified or in-house trained member of staff
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Staff to supervise and inspect the putting on of all safety equipment.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Clients checked for jewellery and advice given on clothing prior to activity.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> NGB current best practice and company procedures apply.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Ensure any late arriving participants receive full safety brief.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Trees and anchors inspected regularly.
Site Specific	
<ul style="list-style-type: none"> High winds coursing tree branches to fall onto low rope course below. 	<ul style="list-style-type: none"> Monitoring of trees and removal of all dead branches.
<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none">

Risk Assessment

Activity – Low and High Zip	
LAST UPDATED: February each year or in response to an incident	
Hazards	Control Measures
<ul style="list-style-type: none"> • Trips, slips and falls in and around the zipline area. 	<ul style="list-style-type: none"> • Safe areas clearing defined and well policed by ALL staff.
<ul style="list-style-type: none"> • Injury/entrapment of client due to long hair, inappropriate clothing, wearing jewellery, etc. 	<ul style="list-style-type: none"> • Staff to supervise and inspect the putting on of all safety equipment.
<ul style="list-style-type: none"> • Structural or PPE failure 	<ul style="list-style-type: none"> • Clients checked for jewellery prior to activity. Loose hair and clothing to be tied back
<ul style="list-style-type: none"> • Participants or clients falling to the ground 	<ul style="list-style-type: none"> • Staff aware of others in area.
<ul style="list-style-type: none"> • Items falling to the ground 	<ul style="list-style-type: none"> • NGB current best practice and company procedures apply.
<ul style="list-style-type: none"> • Lightning strike 	<ul style="list-style-type: none"> • Ensure any late arriving participants receive full safety brief.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Pre-use operator checks of system and equipment prior to session, monthly check of cables. Annual inspection by external high ropes safety contractor
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • All staff inducted, trained and assessed in the approved session procedure. Staff to delay each other to access the top platform and conduct inspections
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Helmets to be worn at all times during the activity. Staff briefing to include items in pocket and loose training shoes
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Procedure to safeguard lowering off strictly observed.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Session to be cancelled or curtailed if the senior member of staff on site judges that the top platform movement is causing difficulties in operating (guide level force 5 northerly). High ropes and zip not to be used if high risk of lightening. Ensure that participants have suitable clothing and sun cream if appropriate.
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • All rescues practiced on induction and in regular staff training
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Students completing lowering off practice before participating
Site Specific	
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •
Event Specific and Ongoing Risk Assessment	
<ul style="list-style-type: none"> • On-going risk assessment carried out by all Peat Rigg staff regarding medical and physical limitations of all participants, weather conditions on the day and other organisations operating within the local area (e.g. Tree felling or game shooting within the local area). 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • With accordance with risk assessments No 1, 2, 3 & 4. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Briefing to ensure that any medication should be taken to the activity site. 	<ul style="list-style-type: none"> •